



The Men's London Open Event Series 2016

Event 1 – 1st & 2nd July 2016

The Westmeria & Gymnova Men's London Open Championships
The Europa Gymnastics Centre

Event 2 – 1st & 2nd October 2016

The Westmeria & Gymnova Boy's London Development & Elite Open
Venue – The Jean Brown Arena, Redbridge Sports Centre

The London Open Event Series 2016
Including: Elite Performance Pathway, Westmeria Men's Open & Gymnova Development Open
www.menslondonopen.co.uk info@menslondonopen.co.uk

Dear Clubs and Coaches,

Following on from the overwhelming success of our 2015 event, and the introduction of the Elite Performance Pathway in 2014, we are pleased to once again provide the largest Men's Artistic Event of the year. We hope our regular clubs will be participating as well as encouraging more teams from overseas. Please pass on details of the event to any of your overseas contacts that you feel may be interested in either weekend. For International entries please email info@menslondonopen.co.uk for entry form and information on payment details.

2016 is a huge year for gymnastics with the Rio Olympics being the high point of the year. As a result, this year we will be splitting the 2016 Men's London Open Championships across two separate weekends.

**Event 1 – The Westmeria & Gymnova Men's London Open Championships
(Clayton Bolt – U14, Loveday U18, Westminster O18)**

Dates - 1st & 2nd July 2016

Venue - The Europa Gymnastics Centre, Vimy Way, Crayford, Kent DA1 4ND

Entries Open - Friday 15th April 2016 Entries Close - Friday 13th May 2016

Entry Fee - £60.00

**Event 2 – The Westmeria & Gymnova Boy's London Development Open
(Club NDP Grades Level's 1-6 In age and L1 U8)
and Boy's London Elite Open (Elite Grades Levels 1-6 and L1 U8)**

Dates - 1st & 2nd October 2016

Venue - The Jean Brown Arena, Redbridge Sports Centre, Forest Rd, Barkingside, Essex IG6 3HD

Entries Open - Monday 11th July 2016 Entries Close - Monday 8th August 2016

We strongly recommend that clubs enter before the Summer Holidays

Entry Fee - £53.00

As in 2015 all gymnasts must be entered via your club BG Gymnet. An entry is only considered complete once payment has been received via BG Gymnet.

Last year, we were at bursting point. Logistically it is a challenge and we may find ourselves having to cap some entry levels, this being the case we will work on a first come, first served basis.

Key changes:

- Change of weekend as mentioned above (the exact levels performed on each day will be announced when entries are received)
- No longer option for Out of Age Gymnasts to compete in Club Development Grades. (except Under 8 for Level 1's)
- As a pilot, we have added the option of Level 5 and 6 into the Elite Open competition
- Individual apparatus medals (Gold, Silver & Bronze) presented at the London Development Open
- Complimentary t shirts to the Elite Development Gymnasts (reflected in slight increase in entry fee)

The London Open Event Series 2016
Including: Elite Performance Pathway, Westmeria Men's Open & Gymnova Development Open
www.menslondonopen.co.uk info@menslondonopen.co.uk

The London Open Event Series 2016 will be run by the London Gymnastics Major Events Team. For queries please contact myself on info@menslondonopen.co.uk or call 07748 325 166

Once the closing date has passed, all clubs will be sent a Workplan containing all necessary information about the event.

Ben Murphy
Chairman, London Gymnastics

The London Open Event Series 2016

Including: Elite Performance Pathway, Westmeria Men's Open & Gymnova Development Open

www.menslondonopen.co.uk info@menslondonopen.co.uk

Event 1 – The Westmeria & Gymnova Men's London Open Championships

Dates - 1st & 2nd July 2016

Venue - The Europa Gymnastics Centre, Vimy Way, Crayford, Kent DA1 4ND

Entries Open - Friday 15th April 2016

Entries Close - Friday 13th May 2016

Entry Fee - £60.00

Age Groups & Codes (Age as at 1st January 2016)

Competition	Age Group	Year Born	Code
Clayton Bolt	Intermediate Under 14	2002 or 2003	FIG Junior Code with GBR exceptions and amendments
Loveday	Youth & Junior Under 18	1998, 1999, 2000, 2001	FIG Junior Code
Westminster Cup	Senior Over 18	1997 or earlier	FIG Senior Code
Westminster Disability Cup	Senior Over 18	1997 or earlier	Disability Supplementary Code of Points

Judging

Each club is expected to nominate at least one judge. Please refer to the British Gymnastics National MTC Competition Handbook for 2016. All judges' expenses are to be covered by the nominating Club. Any judges selected by London Gymnastics or British Gymnastics MTC will have their expenses paid.

Once judges names have been collected our judging convenor will allocate judging positions and you will be informed asap as to your attendance requirement and position.

Late Entries & Refunds

London Gymnastics reserves the right not to accept late entries. Late entries (double entry fee) will be placed on to a reserve list and only considered if we have any withdrawals from the competition.

London Gymnastics will not return any monies received once payment has been submitted.

Membership

All gymnasts, coaches and judges must be members of British Gymnastics and in entering the competition declare that they are fully paid members of British Gymnastics with gymnasts holding a minimum of Silver Membership. Coaches should hold the appropriate qualifications for the level of their gymnasts and a BG enhanced DBS and SPC at time of entry through to competition.

Awards:

Competition	1 st AA	2 nd AA	3 rd AA	Apparatus Medals
Clayton Bolt	Gold Medal, Trophy £250.00	Silver Medal £150.00	Bronze Medal £100.00	Bronze, Silver & Gold medals will be awarded on all apparatus
Loveday	Gold Medal, Trophy £300.00	Silver Medal £200.00	Bronze Medal £150.00	
Westminster	Gold Medal, Trophy £500.00	Silver Medal £250.00	Bronze Medal £200.00	

There will also be a separate set of Medals presented in the All Around for International Gymnasts and Disability Gymnasts. The highest placed gymnast from a London Club will be the winner of the Westminster Shield.

The London Open Event Series 2016

Including: Elite Performance Pathway, Westmeria Men's Open & Gymnova Development Open

www.menslondonopen.co.uk info@menslondonopen.co.uk

Event 2 – The Westmeria & Gymnova Boy's London Development & Elite Open

Dates – 1st & 2nd October 2016

Venue – The Jean Brown Arena, Redbridge Sports Centre, Forest Rd, Barkingside, Essex IG6 3HD

Entries Open – Monday 11th July 2016

Entries Close – Monday 8th August 2016

Entry Fee - £53.00

Age Groups & Codes (Age as at 1st January 2016)

Competition	Age Group	Year Born	Code
Level 1 Elite Under Age	Under 8	2008 or 2009	NDP Elite routines as published by British Gymnastics including PPP & APP
Level One Elite	Under 9	2007	
Level Two Elite	Under 10	2006	
Level Three Elite	Under 11	2005	
Level Four Elite	Under 12	2004	
Level Five Elite	Under 13	2003	
Level Six Elite	Under 14	2002	
Competition	Age Group	Year Born	Code
Level 1 Club Under Age	Under 8	2008 or 2009	NDP Club routines as published by British Gymnastics not including PPP
Level One Club	Under 9	2007	
Level Two Club	Under 10	2006	
Level Three Club	Under 11	2005	
Level Four Club	Under 12	2004	
Level Five Club	Under 13	2003	
Level Six Club	Under 14	2002	

Young Gymnasts

Please note at the Level 1 there is an Out of Age category for Under 8's, however gymnasts must have reached their 6th Birthday at the 31st December 2015.

Judging

Each club is expected to nominate at least one judge. All judges' expenses are to be covered by the nominating Club. Any judges selected by London Gymnastics or British Gymnastics MTC will have their expenses paid. Once judges names have been collected our judging convenor will allocate judging positions and you will be informed asap as to your attendance requirement and position.

Late Entries & Refunds

London Gymnastics reserves the right not to accept late entries. Late entries (double the entry fee) will be placed on to a reserve list & only considered if we have any withdrawals from the competition. London Gymnastics will not return any monies received once payment has been submitted.

Membership

All gymnasts, coaches and judges must be paid members of British Gymnastics with gymnasts holding a minimum of Silver Membership. Coaches should hold the appropriate qualifications for the level of their gymnasts and a BG enhanced DBS and SPC at point of entry and at the event.

Awards:

Competition	1 st AA	2 nd AA	3 rd AA	Apparatus Medals
All Club & Elite Levels	Gold Medal, Trophy	Silver Medal	Bronze Medal	Bronze, Silver & Gold medals will be awarded on all apparatus

Free T-Shirt

There will be a voucher for a free commemorative t-shirt. Gymnasts will be able to use the voucher & additional money if they wish to purchase an alternative personalised item on the day.